



Yoga & Pilates classes starting 21 May 2018

Please tick below which class(es) you wish to attend and also fill in the booking form overleaf.

Table with 5 columns: PLEASE TICK ↓, EVENING, CLASS DESCRIPTION, TIME & DAY, START. It lists various yoga and pilates classes with their descriptions, times, and start dates.

PLEASE READ:

- Classes run: 21 May to 19 July – 7 weeks
No classes on the following dates:
Mon 28 May (Bank Holiday Monday)
Mon 18 June to Thu 28 June (Yoga retreat in Sweden)
Please deduct the following for Block 3:
Mon 28 May – 10am Pilates, 6.30pm Yoga, 8pm Pilates: Deduct £7.50 (over 60s)/£8.50 (everyone else)
You can make up for missed classes, during the block you have paid for, by coming along to any of my other classes – no need to email or phone first – you can just turn up.
Your booking is only secure once we have received the booking form and payment. No refunds will be given. No part payment of blocks.



BOOKING FORM – May 2018

Please tick which class(es) you want to book overleaf.

To secure your place, please make sure your booking/payment is in by 18 May the latest. Many thanks! ☺

FEE STRUCTURE (Please tick)		
1 CLASS PER WEEK:		
<input type="checkbox"/> 7 weeks x 1 class £59.50		
2 CLASSES PER WEEK:		
<input type="checkbox"/> 7 weeks x 2 classes £110.50		
3 CLASSES PER WEEK:		
<input type="checkbox"/> 7 weeks x 3 classes £161.50		
FEE STRUCTURE FOR SENIOR CITIZENS – over 60's:		
1 CLASS PER WEEK:		
<input type="checkbox"/> 7 weeks x 1 class £52.50		
2 CLASSES PER WEEK:		
<input type="checkbox"/> 7 weeks x 2 classes £97.50		
3 CLASSES PER WEEK:		
<input type="checkbox"/> 7 weeks x 3 classes £142.50		
NAME		
ADDRESS (including post code) <i>Current participants do not need to fill in address</i>		
TEL and EMAIL <i>Current participants do not need to fill in tel and email</i>		
How did you hear about Inner Light Yoga & Pilates Classes?		

Please send this form + payment (cheques payable to **Rose-Marie Sorokin**) to Inner Light Yoga & Health Co, 5 Mill Hall, Aylesford, Kent ME20 7JN.

You can also pay via bank transfer to:

Sort code: 205411. Account no: 70851132. Account holder: Rose-Marie Sorokin.

Please make sure that the course fee arrives in plenty of time before the course start.

Classes are held at the Capel Morris Centre, RBLI, Hall Road, Aylesford ME20 7NL and The Dance Studio, Malling School, Beech Road, East Malling ME19 6DH

Current class participants can bring form and payment to class, before the start of the next block. Please note: If you are currently in my classes and have decided NOT to continue in the next block, please let me know as soon as possible so that I can offer your place to someone on my waiting list.

Many thanks for your booking! All new class participants will receive a confirmation (with directions and what to bring) via email.

