



Yoga & Pilates classes starting 10 September 2018

Please tick below which class(es) you wish to attend and also fill in the booking form overleaf.

Table with 5 columns: PLEASE TICK ↓, EVENING, CLASS DESCRIPTION, TIME & DAY, START. Rows include Hatha Yoga Intermediate, Evolution Pilates Beginners/Mixed Ability, and DAYTIME classes.

- PLEASE READ:
Classes run in two blocks of 7 weeks each: Block 1: 10 Sep to 25 Oct. Block 2: 5 Nov – 19 Dec.
Block 1: No classes Thu 4 October at Malling School as the school has an Open Day (6.15pm and 7.15pm classes only).
Block 1: No classes Thu 18 October at the RBLI in Aylesford due to a local Jobs Fair taking place (10am and 11.20am classes only)
No classes from Mon 29 Oct to Thu 1 Nov (I am away)
Thursday Classes – 10am, 11.20am, 6.15pm and 7.15pm: Deduct £7.50 (over 60s)/£8.50 (everyone else) for Thu 4 Oct/Thu 18 Oct.
You can make up for missed classes, during the block you have paid for, by coming along to any of my other classes.
You cannot 'carry over' any missed classes to the following block.
Your booking is only secure once we have received the booking form and payment. No refunds will be given except in exceptional circumstances when an administration charge will be made. No part payment of blocks.



BOOKING FORM – September 2018

Please tick which class(es) you want to book overleaf.

To secure your place, please make sure your booking/payment is in by 5 Sep the latest. Many thanks! ☺

FEE STRUCTURE (Please tick)		
1 CLASS PER WEEK:		
<input type="checkbox"/> 7 weeks x 1 class £59.50	<input type="checkbox"/> 14 weeks x 1 class £110	
2 CLASSES PER WEEK:		
<input type="checkbox"/> 7 weeks x 2 classes £110.50	<input type="checkbox"/> 14 weeks x 2 classes £212	
3 CLASSES PER WEEK:		
<input type="checkbox"/> 7 weeks x 3 classes £161.50	<input type="checkbox"/> 14 weeks x 3 classes £323	
FEE STRUCTURE FOR SENIOR CITIZENS – over 60's:		
1 CLASS PER WEEK:		
<input type="checkbox"/> 7 weeks x 1 class £52.50	<input type="checkbox"/> 14 weeks x 1 class £97	
2 CLASSES PER WEEK:		
<input type="checkbox"/> 7 weeks x 2 classes £97.50	<input type="checkbox"/> 14 weeks x 2 classes £188	
3 CLASSES PER WEEK:		
<input type="checkbox"/> 7 weeks x 3 classes £142.50	<input type="checkbox"/> 14 weeks x 3 classes 285	
NAME		
ADDRESS (including post code) <i>Current participants do not need to fill in address</i>		
TEL and EMAIL <i>Current participants do not need to fill in tel and email</i>		
How did you hear about Inner Light Yoga & Health Co?		

Please send this form + payment (cheques payable to Rose-Marie Sorokin) to Inner Light Yoga & Health Co, The Gatehouse, 5 Mill Hall, Aylesford, Kent ME20 7JN.

You can also pay via bank transfer to:

Sort code: 205411. Account no: 70851132. Account holder: Rose-Marie Sorokin.

Please make sure that the course fee arrives in plenty of time before the course start.

Classes are held at the Capel Morris Centre, RBLI, Hall Road, Aylesford ME20 7NL and The Dance Studio, Malling School, Beech Road, East Malling ME19 6DH

Current class participants can bring form and payment to class, **before** the start of the next block. *Please note: If you are currently in my classes and have decided NOT to continue in the next block, please let me know as soon as possible so that I can offer your place to someone on my waiting list.*

Many thanks for your booking! All new class participants will receive a confirmation (with directions and what to bring) via email.

